Suggestions for Mandatory Training

Before planning your orientation or mandatory training sessions, we recommend reviewing your current organisational and strategic plans, as well as relevant legislation. Additional guidance around recommended mandatory training can be obtained from the Care Certificate, CQC Fundamental Standards and Skills for Care Core and Mandatory Training, to ascertain what your specific organisational needs are.

The courses below are often utilised by Altura Learning members for orientation sessions and mandatory training. Please follow the links to view the course code, description, learning outcomes and preview.

We've also listed several courses that you may wish to develop as an organisation, using our Bridge Authoring Tool to support you.

You may have also identified additional training needs in your organisation when completing the training needs analysis. Please review our course library for a full list of courses to assist you with developing a training plan.

Residential Care

Orientation and/or Mandatory Training

Topic Area	Course Name
Communication	Communication: Supporting Individuals
Dignity	Dignity & Personalised Care
Equality and Diversity	Promoting Equality, Diversity & Inclusion
First Aid and Basic Life Support*	Basic Life Support First Aid Awareness and The Basic Principles
Fluids and Nutrition	Hydration & Nutrition: Managing Weight to Promote Health
Food Safety	A Guide to Safe Food Handling
Health & Safety Awareness	H&S: Risk Management Fire Safety: A Practical Approach H&S: Managing Workplace Pressure
Infection Prevention & Control	Infection Control: An Overview
Moving and Assisting People*	H&S: Supporting People to Move
Moving and Handling Objects*	H&S: Preventing Musculoskeletal Injury at Work
Person-Centred Care	Individual Choice and Decision-Making
Recording, Reporting and Information Handling	Confidentiality & Information Handling Documenting in a Care Environment
Safeguarding Adults	Safeguarding: Adults at Risk
Safeguarding Children	Protecting Children from Abuse

Additional key courses you might like to utilise:

Topic Area	Course Name
Person-Centred Care	Dignity of Risk Spirituality: Understanding Individual Needs (Coming in March 2022)
Diversity	LBGTI: Inclusion and Awareness
Wound Care	Wound Care: Skin Tear Tissue Viability: Pressure Injuries
Oral Hygiene	Oral Health: Caring for Natural Teeth and Dentures
Falls Management	Falls: Balancing Risk
Dementia and Changed Behaviours	Dementia: Engaging the Person in Meaningful Activities Dementia: Supporting Sleep Responding to Behavioural Symptoms of Dementia
Palliative Care	End of Life Care: Symptom Management End of Life Care: Bereavement
Teamwork and Communication	Teamwork: Communication Teamwork: Resolving Conflict Teamwork: Time Management
Outbreak Management	Outbreak Management (Coming in Feb 2022)
Duty of Care	Duty of Care: Your Responsibilities (Coming in April 2022)

Other courses you might like to develop:

- Overview of your organisation, including the payroll system, code of conduct, history, mission, vision and values
- Overview of the documentation system